

Tijden 4x 100m vrije slag	100m		200m		300m		400m
		00:00,00		00:00,00		00:00,00	
TriaGO 1	01:57,46	03:29,11	05:26,57	01:51,83	07:18,40	01:38,72	08:57,12
TriaGO 2	02:28,70	03:39,96	06:08,66	01:59,00	08:07,66	01:05,03	09:12,69
TriaGO 3	01:44,72	02:09,76	03:54,48	01:53,00	05:47,48	02:32,12	08:19,60
		00:00,00		00:00,00		00:00,00	
TriaGO 4	04:02,75	02:19,66	06:22,41	03:40,47	10:02,88	01:39,81	11:42,69
	100m		200m		300m		400m
SwimKap 4	01:31,23	01:29,98	03:01,21	01:21,10	04:22,31	01:21,92	05:44,23
SwimKap 3	01:20,32	01:18,09	02:38,41	01:31,74	04:10,15	01:20,66	05:30,81
Swimkap 2	01:19,51	01:17,12	02:36,63	01:08,18	03:44,81	01:05,96	04:50,77
NLT 2	01:13,71	01:20,12	02:33,83	01:15,98	03:49,81	01:12,47	05:02,28
Swimkap 1	01:18,01	01:17,46	02:35,47	01:18,32	03:53,79	01:21,09	05:14,88
	100m		200m		300m		400m
NLT 3	01:02,96	01:08,57	02:11,53	01:05,92	03:17,45	01:09,69	04:27,14
SJKT 3	01:15,94	01:15,88	02:31,82	01:18,00	03:49,82	01:03,68	04:53,50
NLT 1	01:02,72	01:12,29	02:15,01	01:10,13	03:25,14	01:03,73	04:28,87
Extreme Force Chicks In Top Condition	01:04,11	01:11,20	02:15,31	01:13,67	03:28,98	01:02,90	04:31,88
4Endurance 2020 B	01:12,65	01:10,17	02:22,82	01:07,96	03:30,78	01:10,59	04:41,37
UTO Ladies	01:21,09	01:25,00	02:46,09	01:24,85	04:10,94	01:23,81	05:34,75
	100m		200m		300m		400m
Team 2	01:02,18	01:07,00	02:09,18	01:07,46	03:16,64	01:06,58	04:23,22
SJKT 2	01:08,53	01:05,38	02:13,91	01:08,34	03:22,25	00:59,94	04:22,19
Go Like Hell	01:04,16	01:03,91	02:08,07	01:04,00	03:12,07	00:57,74	04:09,81
4Endurance 2020 C	01:07,59	01:03,35	02:10,94	01:07,49	03:18,43	00:58,62	04:17,05
4Endurance 2020 E	01:04,84	01:08,56	02:13,40	01:07,44	03:20,84	00:59,66	04:20,50
Team 1	01:04,16	01:01,79	02:05,95	01:03,96	03:09,91	01:07,90	04:17,81
	100m		200m		300m		400m
3MD - Team Veldeman	00:57,61	01:04,83	02:02,44	00:57,55	02:59,99	01:00,28	04:00,27
LTTD	00:56,75	00:59,41	01:56,16	00:57,87	02:54,03	00:57,53	03:51,56
Team Goris	00:52,72	00:54,79	01:47,51	00:53,75	02:41,26	00:52,31	03:33,57
4Endurance 2020 A	00:55,77	00:57,06	01:52,83	00:56,53	02:49,36	00:52,55	03:41,91
SJKT 1	01:00,97	00:58,42	01:59,39	00:57,62	02:57,01	00:58,93	03:55,94
4Endurance 2020 D	00:58,45	01:05,02	02:03,47	01:01,17	03:04,64	01:00,11	04:04,75